

What is the Outcomes Star™ and why are we being trained to use it?

Some information ahead of your Outcomes Star™ training

The Outcomes Star is an evidence-based tool designed to both measure and support change when working with people. As an accessible and empowering tool, the Outcomes Star is designed to be used collaboratively with clients, as an integral part of keywork: done with, not done to.

Triangle Consulting Social Enterprise created the first Star for Homelessness with UK charities St Mungo's and the London Housing Foundation in 2003-2006. Triangle now offer over 30 different versions of the Star, spanning health, adult care, family and children, and complex needs – each Star developed in collaboration with practitioners and service users.

The Outcomes Star has been backed by the Department of Health, Nesta, and Big Lottery Fund, and is used by thousands of frontline organisations, including Local Authorities, Police, NHS, Housing

Associations, Care providers, schools, and national and local charities in the UK and internationally.

Organisations must have licences and training from a licensed Star trainer to use the Star – this helps people to use the Star well and supports you, your service and service users to get the most out of the tool.

What will the core training cover?

Core training is a one-day course focusing on the Star(s) most relevant to you, with an expert Star trainer. The course will equip you to understand the Star and its Journey of Change, the information it captures, how it fits with your keywork skills and how to best use it with the people you support.

The morning sessions focus on the theory behind the Star and how to introduce it and complete a Star with service users, with the afternoon focusing on action-planning with the Star, using Star data and the Star Online web application, and having a go at completing Stars using case studies.

Times will vary for each session – the day normally runs from 9:30am – 4:30pm, with morning and afternoon coffee breaks and an hour for lunch.

Do I need to prepare anything for the training?

- No – you will be provided with full materials on the day
- If you want to read up on the Star, visit our website www.outcomesstar.org.uk and in particular the 'About the Star' section. You can also preview the Star Online – visit www.staronline.org.uk
- If you have any queries about the training, please get in touch with the training organiser in your service, or your manager
- We look forward to seeing you at the training!

Triangle: the social enterprise behind the Outcomes Star™

Triangle Consulting Social Enterprise is an innovative, mission-led organisation that exists to help people reach their highest potential and live meaningful and fulfilling lives, often in the context of social disadvantage, trauma, disability or illness.

We do this by creating and supporting the Outcomes Star and other tools to unlock the potential of both individuals and the workers and organisations who support them. We believe that by balancing clear thinking, human connection and action – using the head, heart and hands – we can make a real difference in the world.

Contact Triangle for further information

- www.outcomesstar.org.uk
- info@triangleconsulting.co.uk
- +44 (0)20 7272 8765

If you are not in the UK, contact the licensed Outcomes Star service provider in your country. Contact details can be found on the Outcomes Star website.



The Star is one of the few tools that is useful for both clients and staff, and helps us demonstrate our difference – it ticks a lot of boxes.

Support worker

